

Gain valuable work experience

EMPOWERMENT

Ready for work – confident to apply for jobs

Work related training – writing CV, prepare for interview

Volunteering – learn new skills, gain experience

Accredited courses - willingness to learn, study for qualifications

Short courses – eg. healthy eating, parenting

Building self esteem - talk to new people confidently, attend new groups

Centre support – ask for help, attend courses,

Client engages – join The Rise family

I am very grateful that we have The Rise Trust in our area. It has provided me a fantastic volunteering experience with children. I cannot recommend highly enough volunteering with The Rise.

Full training & support

I am so much more confident now than when I started volunteering, I would recommend it to everyone.

Support your local community

I feel more able to apply for a post within the school environment, and lots of opportunities have opened up for me.

Thinking back to this time last year I can't believe how much I have done and it's all thanks to Rise...I've volunteered in the EEC, Contact Centre, Mentor Me and Baby Sensory...

Build your confidence

Learn new skills

Thinking of a career change?

Make new friends

I was sad to have to give up mentoring as it was such a great experience for me. Thank you so much for giving me the chance to do this, I feel after I have done my maths and English at college I will find a job within a school.

The RISE journey to employment