

# Want to support this work?

## Everyone can get involved in fundraising!

People from all walks of life help The Rise Trust by fundraising. Staff, parents, children and the general public get involved in our cake sales, raffles and events to raise funds and the awareness of the work that we do as Children's Centres.

Our events are very popular and parents also organise their own ways of raising funds for us.

## Volunteering

Many of our services and sessions rely on volunteer support.

Volunteering is a great way to meet new people, learn new skills and support your community. It also a great way for families to progress on the their own RISE journey in to work or training.

If you would like to get involved please call our Volunteer Coordinator on 01249 464008



Reach  
Include  
Support  
Enable



The RISE Trust is a not for profit community charity.

Everything donated helps us provide quality services to our local families and makes a huge difference



The Rise Trust Hub -  
The Oaks  
Chippenham  
Wiltshire  
SN15 1DU



Details of all our programmes, activities and events can be found on our website:  
[www.therisetrust.org](http://www.therisetrust.org)

All information was correct at time of printing  
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The services provided by The RISE Trust changes lives – and you can be a part of it!

The Oaks, 01249 463040  
Spring Rise, 01249 464008  
Calne, 01249 823247  
Royal Wootton Bassett  
01793 851224

Working in partnership with

Wiltshire Council  
Where everybody matters

Sure Start  
Children's Centres

# What Rise does.....

## Child Poverty

It comes as a surprise to many people living in North Wiltshire that there are children living here who are hungry and cold.

We provide food parcel vouchers in times of emergency and support parents so to make the most of their money. We also help ensure they are on the correct tariffs and benefits.

## Parenting Support

Parenting can be a challenge and demanding for the majority of parents at some point in their child's life.

Our 'Parenting Academy' offers a range of courses that improve family life, relationships and help children grow into happy healthy little people. These courses have become a lifeline to parents.

Our Young Parents Workers can make a difference to these families by supporting parents one to one and through a weekly drop in group. Young parents are taught everything they need to know to nurture a happy healthy baby. They are then encouraged to return to college and gain the qualifications they need to go into work.

Our RISE pre-schools are situated in Chippenham

These offer a variety of carefully thought out areas both inside and outdoors, that are well resourced to excite our 2-5 year olds in their early learning



RISE Children's Centres provide services for families in the North Wiltshire area with at least one child under the age of five.

We offer non-judgemental, impartial, friendly advice and we are always there for you! Our services have been developed in response to community needs.



The Rise Trust works with families and children to help them to get back on their feet and to deal with life's challenges in ways which make things better for them and their children.

We do this by providing:

- Outreach support
- Parenting courses
- Family Visiting Service
- Money/ debt advice
- Access to health advice
- Healthy lifestyle advice and support
- Ante-natal and Post-natal Support inc breastfeeding
- Access to drug & alcohol advice and support
- Life skills courses
- Adult literacy and numeracy courses
- Work-based adult learning
- Back to work courses /advice
- Domestic Abuse Support
- Youth work

*Some of the services on this leaflet are specific to certain towns.  
Please ask for further information*

## One to One Family Support

All families can experience times of difficulty and struggle with life's challenges. This makes it really difficult to cope with bringing up children, who may as a result, struggle with routines, boundaries, managing emotions and meeting their developmental milestones

One to One outreach support offers relaxed, non-judgemental and confidential support at home. We work in partnership with parents and, where appropriate, other professionals. We empower and enable families to overcome their challenges making life better for the whole family.

## Mentoring in schools

Children can be in need of someone to talk to especially if they are in a busy household

Trained volunteers meet children in primary schools weekly to offer a listening ear. Sometimes children do not have someone who will just listen and support them. This service is free to schools. If you would be interested in volunteering for this please call 01249 464008

## Child Contact Centre

Sometimes children become separated from family members for lots of different reasons.

The 'Child Contact Centre' is a safe, friendly and neutral place where children from separated families can spend time their non-resident parent. It is a child-centred environment that puts the needs of children first. Please contact the Contact Centre Coordinator on 01249 463040 or 07907 557398