

# Want to support this work?

**Everyone can get involved in fundraising!**

People from all walks of life help The RISE Trust by fundraising. Staff, parents, children and the general public get involved in our cake sales, raffles and events to raise funds and the awareness of the work that we do as Children's Centres. People can also organise their own ways of raising funds for us.

## Volunteering

Many of our services and sessions rely on volunteer support.

Volunteering is a great way to meet new people, learn new skills and support your community. It is also a great way for families to access future work or training opportunities. If you would like to get involved please call our Volunteer Coordinator on 01249 464008.



**R**each  
**I**nclude  
**S**upport  
**E**nable

**The RISE Trust is a not for profit community charity.**

**Everything donated helps us provide quality services to our local families and makes a huge difference**

**The Rise Trust  
The Oaks  
Chippenham  
Wiltshire  
SN15 1DU**



**Details of all our services and how to access them can be found on our website and social media pages**



Find us on  
**Facebook**

The RISE Trust - North Wiltshire  
Children's Centre Services



the\_rise\_trust

[www.therisetrust.org](http://www.therisetrust.org)

All information was correct at time of printing  
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**The services provided by  
The RISE Trust changes lives  
... and you can be a part of it!**

**The Oaks, 01249 463040  
Spring Rise, 01249 464008  
Calne, 01249 823247  
Royal Wootton Bassett  
01793 851224**

Working in partnership with

**Wiltshire Council**



RISE Children's Centres provide services for families in the North Wiltshire area with at least one child under the age of five.

We offer non-judgemental, impartial, friendly advice and we are always there for you! Our services have been developed in response to community needs.



The RISE Trust works with families and children to help them to get back on their feet and to deal with life's challenges in ways which make things better for them and their children. Services are offered in a variety of forms ie: face-to-face and virtually.

We do this by providing:

- Outreach support
- Family Visiting Service
- Parenting & child development courses
- Domestic Abuse & relationship support
- Money/ debt advice & support
- Healthy lifestyle advice & support
- Antenatal & postnatal support inc breastfeeding
- Access to advice and support for:
  - \* Substance misuse
  - \* Physical and mental health
  - \* Employment and education
- Contact Centre
- Youth work

*Please ask for further information*

# Parenting Support

Parenting can be a challenge and demanding for the majority of parents at some point in their child's life. Early years are a crucial point of a child's life and learning journey.



We offer a range of courses that improve family life, relationships and help children grow into happy healthy little people.

All our support is based on the Five to Thrive Principles. These are five key aspects of parenting that support healthy brain development.

# Outreach Support

All families can experience times of difficulty and struggle with life's challenges. This makes it really difficult to cope with bringing up children, who may as a result, struggle with routines, boundaries, managing emotions and meeting their developmental milestones.



One to One outreach support offers relaxed, non-judgemental and confidential support at home. We work in partnership with parents and, where appropriate, other professionals. We empower and enable families to overcome their challenges making life better for the whole family.

# Mentoring in schools

Children can be in need of someone to talk to especially if they are in a busy household. Trained volunteers meet children in primary schools weekly to offer a listening ear. Sometimes children do not have someone who will just listen and support them. This service is free to schools. If you would be interested in volunteering for this please call 01249 464008.

Our three RISE pre-schools are situated in Chippenham

These offer a variety of carefully thought out areas both inside and outdoors, that are well resourced to excite our 2-5 year olds in their early learning.



Sometimes children become separated from family members for lots of different reasons.

The Contact Centre is a safe, friendly and neutral place where children from separated families can spend time with their non-resident parent. It is a child-centred environment that puts the needs of children first. Please contact the Contact Centre Coordinator on 01249 463040 or 07907 557398.

# Financial support

We provide food parcel vouchers in times of emergency and support parents to ensure they make the most of their money. We also help ensure they are on the correct tariffs and benefits.