

Behaviour that Challenges



Donate with **JustGiving**

For parent/carers of pre-school age children

Does your child sometimes display challenging behaviour?

Discover techniques and tips on how to deal with children's feelings and support positive behaviour over 4 sessions covering;

- Managing intense feelings
- Problems with sleeping and eating
- Hot spots and triggers
- Calming strategies
- Rewards and consequences and much more

**For more information and to book call us on
01249 463040**

or email courseadmin@therisetrust.org

1:1 support available

