It was lovely to be able to give back to a group that had helped me so much. Volunteering has given me the confidence to support others with something I had struggled with myself.

Having not worked for 8 years, I was anxious about applying for jobs. Volunteering showed me that I was valuable in the workplace.

Thank you so much for all the support from everyone at the children's centres - everyone is so kind and have helped me so much.

Becoming a youth worker with The RISE has single-handedly been one of the reasons of where I am today. With the help you provided I learnt a lot about safeguarding, county lines, how schools in the area help with youth and also what is going on in teenagers lives. Because of this, it has allowed me to confidently apply for a Teaching Assistant Role for Special Education Needs Pupil in a secondary School and I was successful.

I love RISE and volunteering for you and I want to help more. I'm so thankful for the training you have given me. Doing the PGL training has increased my confidence and I am really proud of myself.







<section-header>

## The RISE Mission Statement

"Through unconditional love, commitment & passion we seek to enable all children, young people and adults to be the best they can be."

The RISE Trust is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults and expects all volunteers to share in this commitment.

All volunteer roles are exempt from the Rehabilitation of Offenders Act 1974 and are subject to satisfactory references, and enhanced disclosure and barring service (DBS) check and training as appropriate for the role.







# Welcome to The RISE Trust

Thank you for your interest in volunteering your time to support the services we offer to local families.

Volunteering is a great way to meet new people, learn new skills and be a part of your community.

Please see below an overview of the volunteering roles with RISE. For details of the current opportunities available please get in touch.



Vicky Watt Volunteer Coordinator vickyw@therisetrust.org 01249 464008

#### Family Visiting Service:

Volunteers visit families in their own homes to provide help, support and companionship.



Time commitment: 2/3 hours per week , daytime. Volunteers need to be able to offer at least a 6 month commitment to this role.

#### RISE Youth:

Youth sessions offer our young people a safe space to chill, meet with their friends and get outreach support from our youth workers. Volunteers support youth workers and help with activities.



Time commitment: 2/3 hours per session, evenings.

**In-school mentor**: Chippenham primary schools Mentoring provides children with an independent listening ear. It is positive, quality 1-1 time with an interested enthusiastic adult who only has the child's best interests at heart.



Time commitment: 2/3 hours per week, term time. Volunteers need to be able to offer at least a 6 month commitment to this role.

### Breast Feeding Peer Support:

Have you enjoyed being a breastfeeding mum? Would you like to support and encourage other mums?



Volunteers are trained by the Association of Breastfeeding Mothers (ABM) to provide support either in face to face or virtual groups or on a 121 basis in children's centres.

Time commitment: 2 hours per week plus training updates.

#### Child Contact Centre: Chippenham

Volunteers support RISE staff to provide a warm and welcoming, child-centred environment.



Time commitment: The centre runs on the 1st & 3rd Saturday each month.

#### <u>Bookstart:</u>

Bookstart is a national programme that aims to encourage a love of books, stories and rhymes in children from an early age. Volunteers visit families in their own homes and local library to increase parents confidence, and encourage families to develop a regular reading habit.



Time Commitment: rolling 4 wk programme, 3 hrs per week, daytime.

#### Pre-school helpers:

Volunteers support RISE staff to provide learning through play activities.



Time commitment: day time, term-time to suit.

#### Work Experience Placements: RISE pre-schools

RISE offers Year 10 & Year 12 week long placements together with extended placements for Level 2 & Level 3 college students.

#### Gardening/Maintenance:

RISE Youth Pavilion building Chippenham—general maintenance RISE Children's Centres: - gardening RISE pre-schools Chippenham—gardening

