

# Reducing Parental Conflict



Donate with **JustGiving**

**For parent/carers of pre-school age children**

Parenting together with other life stresses can lead to harmful conflict that can impact children.

Learn how to

- Recognise emotions
- Resolve conflict
- Communicate effectively
- Healthier relationships and much more

1:1 support  
available

**For more information and  
to book call us on  
01249 463040**

**or email [courseadmin@therisetrust.org](mailto:courseadmin@therisetrust.org)**

