

Behaviour that Challenges



Donate with **JustGiving**

For parent/carers of pre-school age children

Does your child sometimes display challenging behaviour?
Discover techniques and tips on how to support children's feelings and encourage positive behaviour over 5 sessions

**Managing intense feelings
Problems with sleeping and eating
Hot spots and triggers
Calming strategies
Rewards and consequences
and much more**



**For more information and
to book call us on
01249 463040
or email courseadmin@therisetrust.org**

