



A word from our CEO, Lynn Evans:

Christmas is coming... where did the year go?

As I reflect on 2023, I am reminded of how much our volunteers do and how indebted we are for your passion and commitment. It was so good to be able to spend some time with some of you at our celebration evening and also celebrate another Civic Award. Your feedback is always a delight to read, and we thank you for all your 'positive vibes'.

I would also like to take this opportunity to thank Vicky, Carina, Fay and Nicky for all their hard work in making our volunteering service the best it can possibly be... May I wish you all a very merry Christmas and a happy new year! God bless each and every one of you 🙏🙏

Session and course news:

Baby Massage - additional courses are now available in Corsham. Thank you to Helen our new volunteer for offering these sessions for our families. For details on how to book any of RISE courses, please call 01249 463040 or email courseadmin@therisetrust.org

Sensory Room: we have sensory rooms in Calne, RWB & Chippenham available for families to hire. £1.50 per family per half hour. To book please call the centre.

ABM Breastfeeding Support Groups: drop in sessions

- Mondays, Spring RISE Centre 10-11.30am
- Wednesdays, Calne Centre 1-2.30pm



For details and how to book please see **RISE Programme:** [What's on in Wiltshire - The Rise Trust](#)

RISE Youth Service

RISE offers young people in North Wiltshire both detached evening support as well as safe, friendly, and neutral spaces to come to. The service currently works collaboratively with Town Councils, Area Boards and Community Engagement managers. We have sessions in Chippenham, Corsham, Calne, RWB, Cricklade, Purton, and Malmesbury.

We have a new Chippenham Youth Club for years 7 & 8 at The Oaks Centre on Wednesday nights, 7-8.30pm.

For more information about any of our Youth Services please contact, DanielleB@therisetrust.org or find us on Facebook/Instagram #THERISETRUSTYOUTHTEAM



The Oaks, Chippenham, SN15 1DU – 01249 463040
Spring RISE, Frogwell, Chippenham SN14 0DH – 01249 464008
Calne Centre, Prince Charles Drive SN11 8TG – 01249 823247
RWB Centre, Byron Avenue SN4 8BA – 01793 851224

www.therisetrust.org

Find us on Facebook at 'The Rise Trust'.



Volunteer Newsletter

Careers Fairs

We have been supporting local schools Careers Fairs in Calne and Chippenham recently. These are great opportunities for us to share information about The RISE Trust with young people about to make choices for GCSE and A-Levels. It also gives us the chance to discuss our volunteer and work experience vacancies.

***Pupil feedback:** The people were nice and friendly. Told us information about their jobs or where they work. It was good because I got to talk to new people. It was nice; they were all kind and talkative and helpful. I enjoyed learning about different paths/roots I could take for my future career.*



Safeguarding Updates:

Policy Updates: A number of our policies have been reviewed and updated, please see website for latest updates.
[RISE Trust Policies - The Rise Trust - Chippenham and North Wiltshire](#)

Parental Support Services: NSPCC Learning has published a podcast episode on early intervention and support for parents experiencing adversity. The two-part episode focuses on For Baby's Sake, a service providing therapeutic and trauma-informed support to expectant parents who have experienced domestic abuse. The episodes discuss: the first 1001 days of a child's life; how trauma affects brain development; and building trusting relationships between services and service users.

Listen to the podcast: [Podcast: Supporting new parents through adversity](#)
Visit YouTube for part one: [Supporting new parents through adversity - part one](#)
Visit YouTube for part two: [Supporting new parents through adversity - part two](#)

Vacancies:

- Youth Session Worker
- Family Visiting Service Volunteer



Please see website for further details, [Vacancies - The Rise Trust - Chippenham and North Wiltshire](#)

Training Opportunities

- **The Safeguarding Vulnerable People Partnership (SVPP) are running a Safeguarding Week from the 4th – 8th December 2023.** There are a number of **free** webinars and workshops running during this week which are available to apply for via your [Virtual College](#) account. All these sessions will have "Safeguarding week:" written in front of their titles to help you see what we have running when you search for these sessions.

If you would like to attend any of these webinars and workshops, please either register with or log in to your Virtual College account and select the "**Events**" tile, then "Available Events" on your account to find the course list. You'll be able to make an application from there. Instructions on how to do this can be found here: [How to apply for training](#)

- **Family and Community Learning**
Please see attached flyers for upcoming courses with FACL.



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Feel **empowered** to make positive changes

Manage Worries Positively

Feel more confident handling your worries. Learn about coping strategies for stressful times.

Online Course
Monday 18 December
10am - 12 noon

1x2hr online course

Book by
Monday 11 December 2023

Our courses are free if you are 19+ and have been a resident in UK/EU for 3+ years (some immigration statuses exempt) and have a Wiltshire postcode, and if you can tick ANY of these criteria:

- have less than 5 GCSEs grade C/4
- are in receipt of benefits (other than child benefit)
- are a military family
- are a family with additional needs (no diagnosis needed)
- are unemployed and looking for work

If you are unsure about eligibility, we are always happy to talk.

Get in touch by email at familysandcommunitylearning@wiltshire.gov.uk or call the team on 01225 770478





Feel **empowered** to make positive changes

Discovering Confidence

See your strengths, learn to believe in yourself, and achieve your goals.

Online Course
Monday 11 December
10am - 12 noon

1x2hr online course

Book by
Monday 4 December 2023

Our courses are free if you are 19+ and have been a resident in UK/EU for 3+ years (some immigration statuses exempt) and have a Wiltshire postcode, and if you can tick ANY of these criteria:

- have less than 5 GCSEs grade C/4
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Family and Community Learning

Online courses

Make your money go further

Online budgeting courses

Mondays 10am - 12pm

Shop for Less 27 November

Balance Your Budget 4 December

To find out more and **book your place**, visit workwiltshire.co.uk/family-and-community-learning/ email: familysandcommunitylearning@wiltshire.gov.uk or call **01225 770478**

***Please book a place 7 days before the courses start**

Courses are funded by the Education and Skills Funding Agency. Learners must be 19+, resident in the UK for 3+ years, and meet any of the following criteria:

- have less than 5 GCSEs C/4 (or not have maths GCSE C/4 or want to brush up on maths)
- have a child with SEND
- be a military family member
- be in receipt of benefits
- be unemployed and looking for work

***Booking is essential!**








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