



The RISE Trust makes a difference...



2025: 84% of young people gave us 8 or more out of 10 for our service

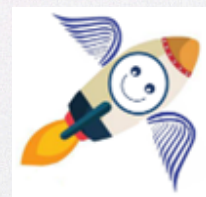
YOUNG PEOPLE

We reach approximately 270 young people/week, mentoring 15 individually/week. Weekly pop-ups (4 secondary schools) see hundreds of YP/week. Empowering our young people is key so we train young youth volunteers, supporting them in further training including apprenticeships.

RISE PRE-SCHOOL - Parental survey 2025 showed **100%** are happy with the all aspects of our provision.

Ofsted 'good' in 2023 - "Staff know the children very well... Potential issues are identified early on... Parents are fully involved..."

"It's a lovely warm and welcoming place for the children to attend pre school. The staff team are amazing very enthusiastic , and really get to know the children on a personal one to one level. They also have great services for children with extra support needs to attend the nursery and staff are highly trained." - Parent



MENTOR ME -

In 2023-2024 10 cases were fully completed (6 months' minimum support) and **90% of the children doubled scores** from their baselines

CONTACT CENTRE - We supported 15 families (19 children) in academic year 2023-2024 and enabled 7 families to organise their own arrangements following court procedures. In 2025 **100%** of families moving on have given our service a 5-star rating.



PATCHWORK PROGRAMME - Aimed to support parents and children rebuild relationships after trauma. During our programme pilot on average **children made 9.8 points and parents 6.2 points progress** from their starting point.

VOLUNTEERING - The RISE Trust encourages people to volunteer and we have 35 volunteers supporting across our pre-school, contact centre, youth service and mentoring service.
"We enjoying coming in so much - the children are fantastic and we really appreciate how welcome everyone has made us."

YOUTH VOLUNTEERING - Currently we have **16** young youth volunteers.
Two previous young volunteers are now undertaking their apprenticeships with The RISE Trust!



YOUTH MENTORING - Currently developing our assessment processes using The Soul Record.

Young people say...

"Meeting N, I was able to get angry, swear and be myself, without being judged . I needed this so much, she understood me. "

"When I have my 1-1 mentoring in school, I can reflect on the morning and feel refreshed and ready for the rest of the day."

"When I first got referred to mentoring, I felt a little nervous as I thought it would be awkward but as soon as I met my mentor, it was like being at youth group and I felt so at ease . We spoke and laughed, and was able to offload to her of all the things I would be embarrassed to talk to anyone else about."

What

people

say...

"I have so much respect for you guys, to have to put up with us all, and still give your time to open here, I respect that." - Youth

"Giving the children a little bit of 'Me' time has enabled them to work through their anxieties and has helped to improve self-esteem and confidence before moving on to secondary school" - Mentoring

"The teachers in pre-school are warm, patient, and nurturing, fostering a safe and engaging environment that allows children to thrive."

The Contact Centre is a very happy place. The staff have been polite and supportive. There is plenty of space to play and all types of toys. The centre service was perfect.

Patchwork Programme - "I have learnt how to be calmer and I add other things to my regulation box which I use. I feel less nervous, I'm less angry and I don't have tummy aches or headaches like I used to."

School - Mentoring for x has been extremely beneficial. We have noticed he is far more able to reflect on his actions and has begun to take some responsibility when things go wrong. I know that he has valued having the time to talk to someone confidentially.

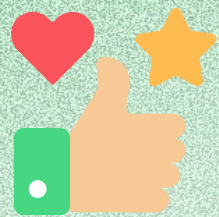
Patchwork - "My son really loved it. I'm closer to him and able to help him to calm. He is also recognising his emotions; he also sleeps better with the massage."

Thank you for all the wonderful work that you all do. It really makes such a difference to the children -
Family Link Worker

I actually love this place, its so nice to be able to come somewhere and just chill with friends -
Youth



YOUTH CLUB - "My son absolutely loves it! He's excited to come back each time and counts down the hours till we have to leave!"



"The best part of my sessions was making things like painting and slime. I liked everything we did. My mentor is the best in the whole wide world and I really miss her." - mentoring

RISE support - You have brought a wealth of experience, skills and compassion and for that I am very grateful.

"The Contact Centre gets 5/5 for everything - I would 100% recommend!"

Patchwork - We can communicate more about our emotions, our relationships have improved by understanding about emotions and how to support my children when they are dysregulated...

"I love coming here (Youth Safe space) because it gets me out the house! I can socialise and its funny. "

"My daughter said she was comfortable around you and felt you were not 1% judgemental which she absolutely loved!! She shocked me also with how engaged, open and honest she was with you. We would love to work with you again."



I talked about my feelings in the sessions and about what I can control and lots of positive things. The best part of mentoring was chatting, having fun and playing games in a relaxed way. I enjoyed every bit of mentoring. I think the mentoring sessions are perfect just the way they are because they made me feel happy and more confident